USEFUL

Visit www.traveline.info to check public transport information before you trave

For times of the next bus while at your stop go to www.nextbuses.mobi or text the bus stop code (displayed on the bus stop flag or in the timetable case) and your bus number to 84268. The message you send will cost your normal text message charge. The reply will cost up to 25p.

For information and inspiration on how to drive less and see more in the Lake District visit

visitlakedistrict.com/travel

TICKETS AND OFFERS

Stagecoach Explorer tickets

Stagecoach explorer tickets offer unlimited travel on Stagecoach buses in Cumbria and North Lancashire. They are accepted on this service

Central Lakes Dayrider tickets

Central Lakes Dayrider tickets offer good value for travel in the Central Lakes Zone, which includes the 505 service.

Bus, Boat and Brantwood tickets

Save money on your trip with the Coniston Bus, Boat, Brantwood ticket, a 3 in 1 ticket that combines bus travel on the 505 with a cruise on Coniston water to Brantwood, the last home of writer John Ruskin (entry

Concessionary tickets

English National Concessionary pass holders can travel free of charge after 9.30am Monday - Fri and all day weekends and bank holidays.

Lake District, Cumbria visitlakedistrict.com/travel

Yewdale and Tarn **Hows from Coniston**

Route type: Woodland, dashing becks and tranquil lakes set against a back drop of craggy knolls and distant mountains are the signature of this part of the fells and this walk brings them all together.

Grade: Time/Effort 2, Navigation 2, Technicality 2

Start/Finish: Coniston GR SD303975

Distance: 8 miles (12.8km) Time: 4-5 hours

Height gain: 320m

Refreshments: Coniston Maps OS Landranger 96 or 97, OS Explorer OL6, Harveys' Superwalker (1:25 000) southern Lakeland, British

Mountain Maps Lake District (1:40 000)

ROUTE

3

- 1. Follow the A593 towards Ambleside to a YHA sign by a field with an iron fence. Turn left into the lane; the start of the Yewdale bridleway. Head north west through woodland and past the foot of the waterfall White Gill to the Hodge Close road by High Yewdale
- 2. Cross the road by Shepherd's Bridge, join the footpath east around High Yewdale Farm to the trees above Yewdale House. Continue north, climb a small hill then drop down to Harry Guards Woods. The path skirts the side of Yew Tree Tarn and heads north east to the side of the A593. Follow the path alongside the A593 to the junction at Oxen Fell High Cross.
- 3. Carefully cross the A593 to the lane that climbs south. Follow the lane uphill, past the gate for High Arnside Tarn, to a bend where a path splits off right. This is the path to Tarn Hows, follow it south to the side of The Tarns.
- 4. Join the access track and loop around the eastern side. On the south side climb slightly to join a road for a short distance west, turn into a car park and join the permissive path at the bottom end that heads south through the trees. Continue 600m to a hairpin bend, cross a gill, and follow the track on the other side south west down the wooded gill. A steep section follows above a beck and the gradient eases as you arrive at a road.
- 5 Join the B5285 for a short way and join the cycle path on the right, follow south west around the top of the



guidance only.

Always re-plot your

route on an OS map

before setting off.

Hawkshead to Latterbarrow

This walk takes in the summit of Latterbarrow where you can get fantastic panoramic views of the

Grade: Strenuousness 3, Navigation 2, Technicality 3

Start/Finish: Hawkshead Post Office

Distance: 5 miles Time: 2-3 hours

Height gain: 173m

Terrain: Road, bridleway, paths and

Refreshments: Hawkshead

Maps: OS Landranger 90, OS Explorer OL7, Harvey's Superwalker (1:25 000)

- From Hawkshead Post Office walk north through the village towards the Red Lion Pub. Turn right, under the archway by the pub and down to the main road. Carefully cross the main road and continue straight ahead, down a lane and past several houses, before crossing the stream by a small bridge.
- 2 Bear left and follow the path leading across the fields, keeping right before you cross a lane and climb the short hill opposite. At the top cross the stile and head across the field towards the cottage. Take the path to the right, through a gate and then right down the lane to the road. Turn left and after a short distance turn right through a gate and onto a
- 3 Climb steadily through the woodland, following the track and going through several gates. Eventually you will enter a walled track, which leads you to a gate at the Guide Post. Turn left here, through the stile. Follow the undulating track through the forest until you come to a stile leading to the open fell top. At this point you are rewarded by magnificent views of the Coniston and Langdale Fells. Turn right and follow track up the open fell to the large summit



- 4 After stopping to admire the views carry on over the summit before bearing left and picking up the path that descends to the road. Care should be taken as the path is steep.
- 5 At the road turn left, and after about 200 yds, pick up the route you came out on. Retrace your steps back to the village

3 DO IN A DAY WALKS

from the Coniston Rambler bus service, plus inspirational days out!



Visit Lake District, Cumbria visitlakedistrict.com

The website **www.visitlakedistrict.com/stay** shows a range of serviced and self-catering accom

The weather in the Lake District can change quickly, clear morning skies can rapidly give way to rain, sleet or even snow so be prepared! Changes in weather can dramatically alter the difficulty of a route so please consider this before setting off. Call 0844 846 2444 to check the forecast.

Practical information

Appropriate clothing can make all the difference. It is important to be warm, comfortable and dry when out exploring so make sure you have the appropriate kit and plenty of layers.

Your rucksack should hold everything needed and be carried comfortably. Have extra layers, a hat and gloves, enough food and drink, and a first aid kit. A compass, map and the knowledge to use them is

Mobile phone reception isn't always good in the Lake District. Leave details of your route and expected finish time with a buddy. If you are delayed please contact your buddy to let them know. This will prevent mountain rescue, a team of volunteers, being called out unnecessarily. If there is an emergency call 999, ask for Cumbria Police and give your location; an accurate grid reference is ideal.



Wansfell Pike from Ambleside

The triangle of fells between Ambleside and Troutbeck terminates at the diminutive summit of Wansfell Pike, surrounded by deep valleys and separated from its neighbouring peaks by considerable distance which allows stunning unrestricted views from the summit.

Taking the Stockgyhll Lane approach from Ambleside you can get straight onto its flanks and be on open fell side in next to no time

Grade: Strenuousness 3, Navigation 3, Technicality 4 Start/Finish: Ambleside, Kelsick Road

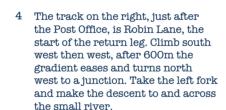
Distance: 6.3 miles (10.2km)

Time: 4-5 hours height gain 600m

Terrain: Narrow lanes, steep pitched path, summit rocks, open fell, rocky bridleways and valley road

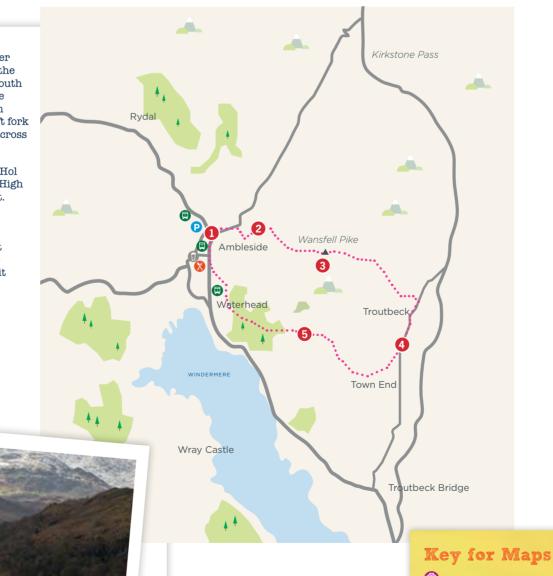
Refreshments: Ambleside and Troutbeck Maps OS Landranger 90, OS Explorer OL7, Harvey's Superwalker (1:25 000) Central Lakeland

- 1 Walk up the hill from Kelsick road until you hit the main road. Follow this to the centre of Ambleside. From the centre of Ambleside, take Stockghyll Lane (beside the old Barclays Bank building) as it climbs steeply uphill to the start of a track by the college entrance. Continue climbing east up the track to the start of a footpath on the right
- 2 Turn right and follow the gravel then pitched path as it climbs steeply south east direct to the summit rocks of Wansfell Pike. There is a bit of a rocky section just below the summit, but this can be by-passed.
- 3 Once you have explored the summit the descent lies to the east, across open slopes to a wall after 800m. On the other side of the wall the path splits. Ignore the right branch: continue east for 150m to another wall at a bend. This is Nanny Lane: follow it south east to the road at Troutbeck. Turn right, follow the road through the village for 800m to the Post Office.



A short climb then descend to Hol Beck. Continue west up hill to High Skelghyll and the final descent.

5 Continue west then north west through the woods to Old Lake Road. Once on the road follow it. north to the A591. Follow this back to Ambleside and the bus stop.





View from Wansfell



Car & Bike Ferry

P Parking

Ferry Bus Stop

Public House

X Café

Information





Steam Yacht Gondola, Coniston



Visit Lake District, Cumbria

visitlakedistrict.com/travel



Walking near Windermere

Windermere

With the lake shore of Windermere so close, there is always something to do whatever the season. Wander around the compact centre of Windermere with its traditional stone and slate houses; peruse its lovely independent shops and art galleries, stop to relax, eat some home made cake and have a nice cup of tea in one of its many cafés.

Directions: Alight at Windermere Station and walk past Booths supermarket. You will soon pass the Tourist Information Centre on your left. From here bear left to take you to the village centre.

Tel: 015394 46499 www.windermereinfo.co.uk

WINDERMERE

Stop here for: railway station, trains, cafes, bike hire, Info, shops, pubs, car hire (low-carbon)



World of Beatrix Potter Attraction, Bowness

Coniston

Rambler

Brockhole

A wealth of activities for the whole family;

exhibitions on Lakeland life and landscapes

plus an indoor soft play area, an adventure

playground and Terrace Café all set in the

Treetop Trek or experience wildlife at close

quarters in the Predator Park. Look out for

Directions: Alight from the bus between

Troutbeck and Ambleside. The bus stops

directly opposite the entrance (be careful

regular events. Entry to the house, grounds

beautiful gardens. The more adventurous

The Lake District Visitor Centre

and lakeshore is free.

when crossing the road).

#505

Cruising on Windermere

Waterhead

Waterhead sits at the top of Windermere and gives access to regular cruises down the lake, from the pier. A selection of cafes, hotels and shops cluster around the water front, making it a great place for an ice-cream break after taking a stroll through the nearby, leafy Borran's park. Just a short walk away lays the remains of Galava Roman Fort (Built around AD 120) one of the signs of Cumbria's Roman heritage.

Directions: Alight at Waterhead. You can find the remains of the Roman fort by walking through Borran's Park (if facing the lake from Waterhead promenade, to your right behind the Wateredge Inn).

Tel: 0870 333 1181 English Heritage www.english-heritage.org.uk

WATERHEAD

Stop here for: boats, shops, cafes



Feeding Swans at Waterhead



Steam Yacht Gondola, Coniston

HAWKSHEAD

Stop here for: walks, shops, cafes, museums and galleries and bike hire at YHA, start of route 2

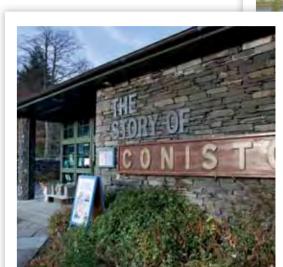
Hawkshead Village

The Coniston Inn

Get off at this stop to hop aboard the Coniston launch and have your own Swallows and Amazons style adventure on the lake. Head across to Brantwood, former home of John Ruskin for its vibrant gardens and interesting history. Ask for the combined Bus, Boat and Brantwood ticket from the driver for the best deal.

Directions: Alight at the Coniston Inn and follow the signs for the jetty through the Coniston Inn's grounds. **www.conistonlaunch.co.uk**

www.inncollectiongroup.com/coniston-inn/



Ruskin Museum, Coniston

Brantwood, overlooking Coniston Water

CONISTON

Stop here for: info, walks, cafes, pubs, shops, museums, bike hire, start of route 3

505 service

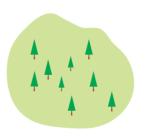
Brockhole - The Lake District Visitor Centre

BROCKHOLE

The Lake District Visitor Centre Stop here for: info, boats, café, exhibitions & events, bike hire

AMBLESIDE

Stop here for: info, cinema, museum, walks, cafes, pubs, bike hire, shops, Start of route 1



Ambleside

Stop off in this vibrant, busy town, surrounded by magnificent Lakeland fells. Ambleside is a shopping heaven, with a huge range of outdoor equipment stores and an abundance of independent retailers showcasing local food, arts and crafts.

Ambleside is fantastic fun for all the family, with picnic spots and playgrounds, mini golf and an indoor climbing wall. Its location makes it a great base for walkers.

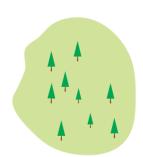
Directions: Alight at Kelsick Road bus stop and follow the road up the hill. You will reach the main road through Ambleside centre.



Rothay Park, Ambleside

WATERHEAD HOTEL

CONISTONStop here for: boats



Coniston

The village of Coniston nestles at the foot of the majestic "Old Man". Its landscape makes it a great base for walks or cycling, but don't forget to pop into the bustling village packed full of pubs, cafes, shops and a great museum. Learn all about Coniston's connection to Donald Campbell and his record breaking history.

Directions: Alight at the bus stops near the Tourist Information Centre. Head in here for directions or simply walk up the road to the village centre.

Tel: 015394 41533 www.conistontic.org



Jumping Jenny's at Brantwood

Hawkshead

Hawkshead's cobbled streets and clusters of whitewashed cottages, huddled around secluded courtyards, give the village a sense of intimacy. With quirky shops, William Wordsworth's old school, galleries, ancient coaching inns and cosy tea rooms, Hawkshead has everything for an unhurried afternoon sojourn and offers a great starting point for picturesque walks.

Directions: Alight by the main car park and follow the road up and right from the bus stop to head to the village centre.

