Rail Trails

DRIGG WALK

The beaches at Drigg are a real hidden gem just waiting to be explored; they extend from the mouth of the River Irt in the south to the picturesque seaside village of Seascale in the north and are backed by a wild and rarely trodden range of dunes.

Start/Finish: Silecroft Railway Station (GR SD 063 988)

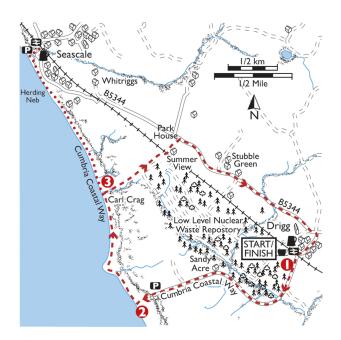
Distance: 6.4km (4 miles)

Time: 2 hours Height gain: 50m

Maps: OS Landranger 96, OS Outdoor Leisure 6,

Harveys' Superwalker (1:25 000)
Lakeland South & Western Lakeland,

British Mountain Maps Lake District (1:40 000).



- From Drigg station turn right and follow Shore Road south then west around the perimeter of the wooded plantation to a gate by the road head car park. Watch out for the barn owl, this woodland is part of its territory. Deer and Red Squirrels can also sometimes be seen too.
- 2. Go through the gate; and follow the path down to the beach and turn right. If the tide is high you're in for a bit of a scramble over pebbles and eroded bits of sand dune but if the tide is out you have a wide stretch of smooth sand to walk on interspersed with occasional rock pools. Just over a kilometre up the beach a large partially buried boulder will come into view. This is Carl Crag, and it marks the point at which you can either loop back to Drigg or continue on towards Seascale.
- 3. A hundred yards or so beyond Carl Cragg is a track at Low Moor (bridleway). To return to Drigg follow the bridleway northeast to cross the railway line and join the B5344.

 Turn right and carefully follow the B5344 back to Drigg. Or, you can continue along the beach to Seascale to catch the train for the return back to Digg.