

Visit Lake District, Cumbria

Car Free Cumbria

LANGDALE PIKES FROM DUNGEON GHYLL

The compact group of peaks that form the Langdale Pikes are amongst the most easily recognisable in the Lake District. This walk takes in the four main peaks that form the Pikes followed by a steady descent back to the start via the ancient packhorse route of Stake Pass and Mickleden. Catch the 516 Langdale Ramber to access the start of the route. Download a timetable at www.stagecoachbus.com

Start/Finish: Bus stop near New Dungeon Ghyll Hotel, Langdale (GR NY 456 040)

Distance: 7.8 miles (12.5km)

Time: 6 hours

Height gain: 860m

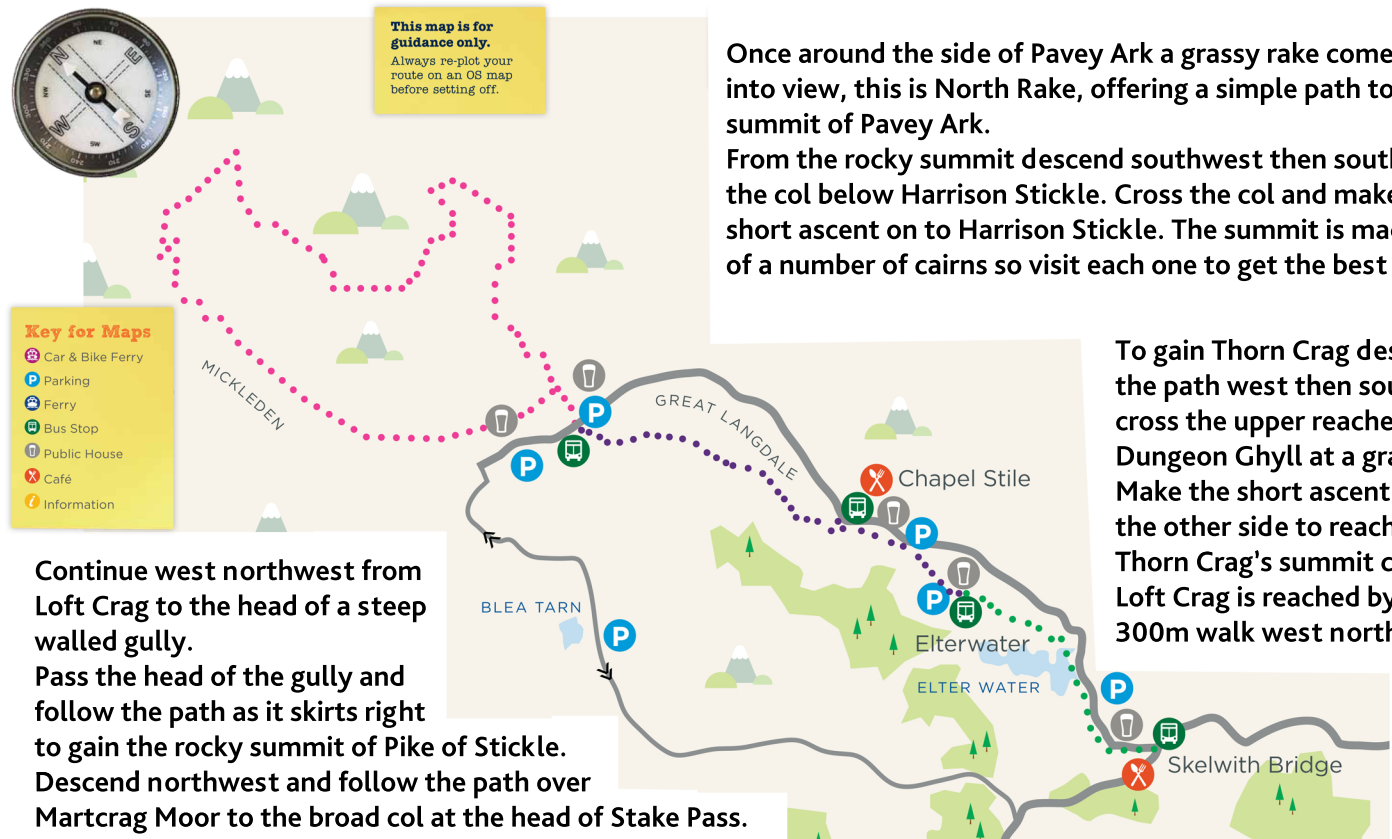
Grade: Difficult

Terrain: Steep-sided gill, tarn, craggy corrie, rocky summits, high-level moorland, broad col, steep bridleway and valley bottom track.

Refreshments: Dungeon Ghyll

Maps: OS Landranger 90, OS Explorer OL 6; Harveys' Superwalker Lakeland Central (1:25 000); British Mountain Maps Lake District (1:40 000).

From the bus stop follow the path to the left of the toilet block up the side of Stickle Ghyll to cross the footbridge. Continue along the path up the right-hand side of the beck (east) as it climbs to Stickle Tarn. Skirt around the east side of the tarn and follow the path beside Bright Beck to the eastern extremity of Pavey Ark.



Turn left and follow the bridleway southwest down into Mickleden. Join the valley track and follow it southeast to Old Dungeon Ghyll Hotel, passing below Pike of Stickle, Loft Crag and Thorn Crag. At Old Dungeon Ghyll Hotel a bridleway climbs slightly east behind the hotel to the bus stop. Alternatively take the valley road.